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### Featured Tip

#### Dealing with Stress

You are working long hours, have had little to no sleep. You are tired and hungry and the baby is crying. And for a moment, you wish it would all just go away. The good news is...this is only temporary. All stress is temporary and how you deal with it can make your life a whole lot easier.

[Learn More](#) at Child Development Institute

### AVANCE Branches

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JUST BY SEARCHING  
THE INTERNET YOU CAN  
HELP SUPPORT  
AVANCE.  
CLICK HERE TO LEARN HOW

## The AVANCE Promise

The Parent-Child Education Program is at the heart of the AVANCE Promise. AVANCE is a Spanish word meaning "advancement, progress." Since 1973 AVANCE has helped advance the lives of thousands of families. The program is free to low-income parents, predominately Hispanic, and their children, birth to 3 years old. This proven program follows some very basic principles for reaching and retaining family involvement. The program provides bilingual parenting classes, adult education opportunities, advocacy and support services, as well as home visits, early childhood education and, most importantly, a culturally sensitive approach that can be adapted to meet individual family needs.

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## 0-3, The Critical Years



What a child experiences in the first few years of life will lay the foundation for their future and what you do as parents, especially in the first three years, can make all the difference.

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### More Tips:

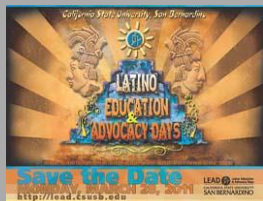
#### Parenting Resources:

Find health, education, safety, child care, and other resources for parents and grandparents. [click here](#)

#### March is Parents Awareness Month:

This is a good time to learn how to be the best parent you can be. Check out the great parenting tips at [WikiHow Tips](#).

## Upcoming Events:



<http://lead.comb.edu/register>

### Latino Education and Advocacy Days Virtual Town Hall

March 28, 2011 at AVANCE, Inc. in San Antonio, TX

Please join us for a FREE virtual town hall viewing to hear from key stakeholders: teaching professionals and educators, researchers, academics, scholars, administrators, program specialists, students, parents, families, civic leaders, and more. In short, those sharing a common interest and commitment to educational issues that impact Latinos. [click here to](#)



### 13th Annual International Fatherhood Conference

June 8-11, 2011 in Arlington, VA Washington, D.C.

AVANCE, Inc. is presenting at the conference. We hope to see you there!

[Learn More...](#)

## AVANCE, Inc.

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